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## THE 5 STEP PRAYER MODEL

**Step One: The Interview** 

Question: Where does it hurt?

Listen on two levels: the natural and the supernatural.

Step Two: The diagnostic decision

Question: Why is this person ill or in pain? What has caused this?

Discernment

- Symptoms and causes, emotional traumas, accidents and abuse
- Clinical assessments
- Demonisation

**Step Three: The Prayer Selection** 

Question: What kind of prayer is needed here?

Prayer to God: Petition - or - Words from God: Revelation & Command

**Step Four: Prayer Engagement** 

Question: How effective are our prayers?

- Comfort, position
- Open your eyes
- Pray and watch

Phenomenological responses:

Shaking & trembling, falling over, drunkenness, pogoing, contracting limbs or facial expressions, laughing and sobbing, prolonged praise and worship

Don't pray for physical manifestations, pray for the Holy Spirit to come.

There are four main areas in which we seek healing:

- 1. The spirit
- 2. Healing of past hurts
- 3. Healing the body
- 4. Deliverance

## **Step Five: Post-prayer counsel**

Questions: How to keep their healing? What if they have not been healed?

Whatever else: people must be left with the experience of the love of God.

## Counsel:

- 1. Read the bible and study
- 2. Pray and set aside time for devotions, worship (on their own and corporately)
- 3. Give their money to the church
- 4. Find somewhere to serve
- 5. Become part of a small group

